### MINUTES OF CENTRAL SERVICE COMMITTEE MEETING February 4, 2025 Zoom Meeting

WELCOME AND OPEN: Meeting opened by Paul B. at 7pm with the Serenity Prayer TWELVE TRADITIONS: The Twelve Traditions were read by Reign D ROLL CALL: 27 in attendance, of which 20 attendees were voting members (V= voting, NV non-voting)

EXECUTIVE	COMMITTEES	CSR	OTHERS
Chair -Paul B	Telephones -vacant	Billy P –CSR Fresh Start	Samaira G - DCM District 1
Co-Chair - Heather L	Help Email -Sharon N	Nathaniel B -CSR Acceptance	Bernie S -DCM District 2
Treasurer - Trudy D	Newsletter -Lyndsay D	Mary M -CSR Circle of Sisters	George M - Area 82 Chair
Secretary -Heather L	Hospital Visitation -Joel B	Louie M -CSR Back to Basics	Colleen H - alt CSR Highland Park
	Treatment -Noelle D	Johnny M -CSR Highland Park	Ryan H - Alt CSR Downtown Dart
	CPC -Steven	Garth M - Sunrise	
	Literature -Trudy D	Shawn S-CSR Cole Harbour	
	Corrections -Melanie M	Velma C -CSR Four Seasons	
	Webmaster -Alec M	Ashley E -CSR Downtown Dartmouth	
	Mid Winter Round-Up -Michael H/Bernie S	Chris A - CSR Serenity Sisters	
	Public Information -vacant	Rachael S- Sunday Night Serenity	
	Entertainment -vacant	Johnny M - Highland Park	
	Insurance -not present	Jonathan C -CSR Keep It Simple	
		Reign D - Lion's Den	
		Mike A - Welcome Grp	

7th Tradition: \*Please email Central Service meeting 7th tradition contribution and group contributions to: treasurer.aahalifax@gmail.com \*Please put a note along with your transfer as to what the donation is for and which group you represent.

Contributions can also be mailed to: Central Service, RPO Gladstone, PO Box 31338, Halifax NS B3K 5Z1

### CALL FOR AGENDA ITEMS:

- Heather L Flyers back into the newsletter
- Paul B B Phone Help

### APPROVAL OF AGENDA

Motion to approve the agenda made by Michael H., seconded by Reign D All in favour. Motion passed.

### MINUTES APPROVED FROM PREVIOUS MEETING:

Motion to approve the January 2025 Minutes made by Johnny M., seconded by Michael H All in favour. Motion passed

### **OFFICER'S REPORTS:**

### SECRETARY:

Thank you to everyone for sending me their subcommittee reports last month. I was able to get the minutes out quickly because of that. I included images of the 3 treasurer reports in the minutes. I welcome feedback on that addition as previously those reports were not typically included. I believe I have everyone included in the email group for receiving monthly agenda and minutes. If anyone did not receive the Jan minutes or the agenda for this Feb meeting, send me you email in the chat.

### TREASURER:

Trudy presented the 3 financial documents. See appendix.

### **CO-CHAIR:**

The Chair and I are working to get a bank appointment to get me setup as a signing officer on the bank account. That should be completed soon. Beyond that I met with executive to review the agenda and prepare for this Feb meeting.

### CHAIR:

Good evening members of District 1and 2 Thank you all for attending our monthly meeting.

Here are some of the highlights of my monthly activities.

1. During the month I had to replace the evening phone for it was lost. Upon discovering this I learned that there is not many people that are doing the phones, So I am putting a urgent call out to the fellowship for help.

2. Continuing communication with the other executive members

2. Continuing communicates with the other executive members.

3. Contacted the CUA to have heather setup on the Executive account,

waiting for them to reply back with a date for Nest Week.

4. Attended the District 1 meeting , Welcome back Samaria as the New DCM

Lastly, thank you all for attending our meeting and thanks for the Great Service you are all Providing for District 1 and 2,

Yours in Service Paul B Chair of Service

### **COMMITTEE REPORTS:**

### CPC (Cooperation with the Professional Community)

CPC Report to be delivered by Co-Chair Steven T at the meeting of Central Service on February 4<sup>th</sup>, 2025

1. The CPC met on February 3<sup>rd</sup> for their monthy meeting, 6 members were in attendance including two new members.

2. The CPC gave a presentation to the Justice Society. 9 professionals were in attendance and 5 members of the CPC shared their experience, strength and hope. The presentation was educational and informative and all present had a positive experience.

3. The CPC will have a table with information for AA members attending the mid winter roundup on Saturday, March 1<sup>st</sup> throughout the day, with members of the committee present in shifts throughout the day. The CPC monthly meeting will be a fun "team huddle" on that day where we will connect in person. Details tbd, contact Claire T for more information about that. Bernie S also reached out to Claire T saying he has some information about PI to distribute as there is no PI chair and Claire T says she will include that information as part of the set up on that day

4. The CPC meeting time will be moved to 6 pm instead of 7 pm every month on the first Monday of every month. The next meeting online will be April 7<sup>th</sup> at 6pm. This should be updated in the newsletter.

5. The CPC will continue to organize the contacts into a collaborative sheet that can be accessed by all members of the committee online, this is a work in progress and some new members are taking excellent initiative in the next steps on this endeavour.

### CORRECTIONS:

I have 7 men and 10 women for the corrections committee. Goal 10 and 10.

Communication with the burnside jail is slow. No response from my multiple email contacts. I will reach out via phone next week. I am still unclear on how to obtain a letter so the committee can get their criminal record checks done for the non for profit rate vs standard rate. (\$50 vs 30\$). As of now I have 3 criminal record checks completed. We all have to do it before we can go in and get approved by the jail to be able to put on meetings.

The co-chair of the committee resigned his position due to unforeseen circumstances but will remain on the committee to attend meetings once clearance obtained to resume meetings. Thank you Bruce for your service.

The DCM district 2 reached out to me and they have extra funds and they will purchase some literature for the corrections committee to bring into the jail for the inmates. Thank you.

I am looking forward to getting a further response from burnside jail and clearer discussion when AA meetings can resume and advice on the CRC non for profit letter/link.

Yours in service,

Melanie McC

(902) 981-6034

**Corrections Chair** 

District 1 and 2 - Area 82

Michael H: Will the cost of the criminal check be covered even if the person is rejected?

Melanie: only successful candidates are reimbursed. We would provide guidance before the application was done

Paul: I will contact Melanie re the non-profit fee and other questions.

### ENTERTAINMENT:

Vacant

### **HELP EMAIL:**

HELP Email Report for January, 2025

The January report mirrors many of the same questions as those of January 2024. Inquiries varied such as: info on meeting venues with one in particular asking which door to access off the sidewalk. Other requests such as a gentleman seeking help for himself from a family alcoholic; one asked how to get a sponsor; one wanted help in getting a 10 year chip for her husband in Springhill; a recovery house sought information for a client etc. In all cases pamphlets reflecting their requests were sent as well as answers to questions asked. In a couple instances I contacted members to make sure information about meetings and venues I had not visited was correct at the time.

I received a flyer from Cape Breton with details of their upcoming Round-Up which I forwarded to the Webmaster and Newsletter Chairs. Bernie S. emailed to ask if I could have a display on the Saturday of our Round-Up. I said I would be happy to.

In all, 21 emails were received for the month. I am grateful for the opportunity to give back. Respectfully submitted,

Sharon N

HELP Email Coordinator

### **HOSPITAL VISITATION:**

This is my first report please let me know if this is the right format. Jay S. is home now from his hospital visit at the VG, I was able to meet with him for a few visits and passed on some AA literature. At this time I'm not aware of any other members in Hospital. My sympathies to Allen's family on there loss and to the members of the AA community that are grieving.

Sincerely JoelB

### LITERATURE:

REVENUES	TOTALS	NOTES
CHEQUES	\$109.00	For books sale
SQUARE	\$132.50	For books sale
CASH	\$534.50	For books sale
E-Transfer		
TOTALS REVENUE	\$776.00	
EXPENSES	TOTALS	NOTES
EXPENSES Visa/Mastercard	TOTALS	NOTES
Visa/Mastercard	<b>TOTALS</b> \$1.50	NOTES
EXPENSES Visa/Mastercard Bank Charge U/S Draft for books		NOTES Order from NewYork
Visa/Mastercard Bank Charge	\$1.50	

Opening balance as of 1 Jan 2025	\$5,886.24
Balance at the Bank as of 31 Jan 2025	\$3,512.62

I placed a small Literature order, and it has arrived. I now have about 50 Plain Language Big Books for sale @ \$17.00 each. The bookstore will remain opened on Mondays from 5-7 at Club 24 in the basement entrance around the side of the building. If you are interested in becoming the Chair please speak with me and I would be happy to have a job shadower for as long as you need. I will have a table on Saturday at the Mid-Winter Round up. Yours in Service,

Trudy D.

### **NEWSLETTER:**

Newsletter preparation has continued to go smoothly. This month we received an updated rotation list for the Marguerite centre, thank you Anne. We stayed in touch with Alec the webmaster regarding meeting lists (meeting closure info or new meeting details which we receive by email). We reached out to Area 82 to make sure all our contacts there were updated, and received some updates for District 1&2 executive contacts as well. We received some exciting event information at the very end of the month and we were able to squeeze it in before we sent the final product to the webmaster for posting. Please remember to send us your March birthdays and information before February 25 so we can include it in the next Bluenose Bulletin. Thanks again,

Lindsay and Emily

### MID-WINTER ROUND-UP:

Good day Central Service Committees and Executives,

I will present where we are and where we need to be by month's end. MWRU Co-Chair will present his portion after.

So, let's get right in it!

Hotel Reservations

We require 60 evening sold to benefit from the \$2700 savings. We currently have 59 sold. That's great news. We will purchase the one last evening required if need be to incur the \$2700 savings. The rate of \$153 per night continues to be honoured but availability for AA specifically is no longer. It is possible that there will not be any rooms. I'm told it's the weekend of Minor Hockey Tournaments.

Registrations

Currently there are 127 Registrants coming! We only require another 177 to purchase. We are well on our way for numbers. I.e. Last year, approximately 100 registrants bought at the door. Our Main Saturday Night Speaker coming in from Maine is confirmed and will be here the morning of Feb 28. We were able to secure her return flights for \$921.33 USD \$1304.42 CDN. Trivia Night is ready for Friday night and has expanded to a larger screen and projector ! DJ for Saturday Night is booked, ready and has been paid in full.

Our last meeting prior to the MWRU event will be on the 23 Feb 2025.

Please pass to your groups we are on the final days for people to purchase.

And now for the second half of our report, Bernie MWRU Co-Chair .

Yours in love and service,

Michael H.

MWRU Chair.

# PUBLIC INFORMATION:

Vacant

#### **TELEPHONE:** Vacant

### TREATMENT:

Good evening, everyone first of all I would like to thank you for the opportunity of taking on this role so far I have topped up the literature at detox. I have connected with all the facilitators at each facility and I plan to go and meet with them as well.

I have done an inventory of the literature that has been passed on to me by Gilles .need to purchase some more pamphlets for all facilities and looking into purchasing a big book and a plain language, big book for each one so they can have access to the big book.

I am also working on getting volunteers for bridging the gap and making sure that it is available when coming out of detox Margarita centre even Simpson's landing and forensics.

I will be setting up a display at the midwinter round up for treatment. Where I will be able to let people know about bridging the gap and the importance of it

I am looking forward to the next two years in this position and again, I thank you all for this opportunity.

Yours in service Noelle

### WEBMASTER:

There is no major Webmaster news for January 2025. Uploads to the site included the usual District 1 & 2 Monthly Meeting minutes, Bluenose Bulletin and keeping the meeting list updated. Got to upload some flyers for the first time.

Some of the printable meeting lists are out of date, and I'm going to work with the newsletter chair to get that sorted out in the next week or so.

As always, thanks to all for their valuable time and contributions to the website this month!

Yours in Service,

Alec

Johnny: if someone subscribes on the web to get the newsletter email monthly, when is it mailed out? Alec: it is emailed monthly, but not again if the newsletter is revised

### **INSURANCE:**

Hello, I will be absent tonight because of an important commitment at Narcotics Anonymous.

Here is my report:

We presently have two groups pending payment. Foster is taking care of the last two. He says that the Windsor group is sending payment and Hubbards will soon follow.

The Brooklyn Big Book Study Group has changed locations. Our insurance contact has been notified. She will send the docs when she receives them.

I received an endorsement to the policy amending meeting locations for Hope Group and District 17.

I continue to update the Group Contact list.

See you next month. In service, Patsy W.

### DISTRICT 1:

This report aims to keep members informed of recent developments and upcoming activities within District 1 and Area 82. Active participation and communication are vital to our collective mission of supporting individuals in their journey to recovery. District Activities and Meetings

Upcoming Events

• February 2025 Business Meeting:

The next District 1 General Service Business Meeting is scheduled for February 26, 2025.

• New Meetings: No new meetings were established in January 2025.

• Meeting Closures: No meetings were reported closed during this period.

• Members are encouraged to check aahalifax.org and the Area 82 Events Page for the latest information on upcoming events and workshops.

Committee Activities

• Nova Scotia Provincial Round-Up: Districts 1 and 2 are seeking AA members to become Committee Members for the Nova Scotia Provincial Round-Up.

CERAASA/ASTECAA – Canadian Eastern Regional Alcoholics Anonymous Service Assembly, February 21 st - 23 rd , 2025. Join us in Dartmouth.

• Newsletter Access: Members are reminded to stay informed by accessing the latest newsletters on aahalifax.org and on the Area 82 Newsletters Page. New Initiatives

• Our Primary Purpose Podcast: On January 14, 2025, Alcoholics Anonymous World Services launched "Our Primary Purpose," the official podcast from the General Service Office for the U.S. and Canada. The podcast offers listeners a behind-thescenes look at how GSO supports AA groups and members in their efforts to carry the message of recovery. Episodes released in January include:

• Episode 1 (Flipping the Triangle): Dives into AA's history and structure with insights from co-founder Bill W. and interviews with GSO staff.

Episode 2 (Welcome to GSO): Provides a tour of the General Service Office in New York City, introducing the people who support AA groups and members.
Episode 3 (Behind the Mic): Explores the role of Public Information in carrying the AA message of recovery, featuring GSO Staff member Patrick C. Members can access these episodes through the AA website.

**General Reminders** 

• Anonymity and Safety: Members are reminded to uphold the principles of anonymity and ensure a safe environment for all attendees. For more detailed information and resources, please visit the Area 82 official website.

Yours in Service Samaira G. DCM, District 1

### **DISTRICT 2:**

Hello friends. Bernie here. DCM for District 2.

I attended the Active Committee meeting in January. It was a small meeting but informative. I feel I must stress the importance of attendance at that meeting. It is a great opportunity to let the area know what you have been doing to further carry the message and to learn what other committees in Area 82 are doing. That meeting is on zoom, the last Monday of each month. The zoom link is at the district website and in the newsletter.

(to be read as a supplement to Michael's report). I attended the Roundup Committee meeting on February 2. Since I was here last month, I managed to confirm that some of the central service subcommittees would have display tables at the midwinter roundup. Literature, Archives, Treatment, Help Email, and CPC. The chair of CPC, Claire T., also agreed to have pamphlets of the Public Information Committee displayed on her table, if I could provide her with some. I know we don't currently have a PI Chair but perhaps someone on this committee has access to those materials and could provide Claire with some. Corrections is currently not available to have a table set up because both Melanie and Bruce will be working. I'm still working to see if a volunteer from that committee could be present for a short time on Saturday to answer any questions anyone might have. I am also working with a volunteer who has agreed to come up with some signage so that we can let people passing by know that the subcommittees have tables set up in that room.

Let me also say that registration for this event can be done a few ways. The preferred way is by etransfer which you may do via the email : mwruregister@gmail.com and when doing so, mention in the comments section who the registration is for, if its AA or Al-anon, if you are purchasing a banquet ticket. You can find one of our volunteers at a meeting who has a receipt book and you can pay them via cash or cheque. One of our volunteers also has the square, a form of registration you can use to pay via credit card or debit, just tap and presto you're registered. You may also pay at the door.

District 2 will conduct a workshop this month on Tradition One. It is actually the first in a series of workshops on the Traditions and will use questions from the Traditions Checklist. That will be hosted by our Alt DCM, Amy A. There will be refreshments provided. Coffee, tea, some kind of cookies.

Currently, District 2 is without a Treasurer. District 2 Guidelines suggest that anyone interested in the position would require 5 years of sobriety. As with all positions on these committees it is a great way to do service by giving back to AA what has been freely given to you. In service

Bernie S

DCM District 2 Area 82 & Co-Chair MWRU

### AREA 82:

George M, chair of Area 82, was in attendance. Reminded that the web site Area82aa.org has list of all officers. There are 17 districts in Area 82 (NL and NS).:

- 3 vacant DCM positions
- 1st Monday of every month is Area82 active committee meeting on zoom.
- CERAASA is Feb 21-23 at Delta Dartmouth hotel
- Mid-Winter Roundup is Feb 28-Mar 2 at Delta Dartmouth hotel
- Service weekends are back next is in Truro May 30-31.

### **APPROVAL OF REPORTS:**

A motion was made by Melanie M., seconded by Michael H All in favour; motion passed.

### OLD BUSINESS:

Elections -

- Secretary no nomination
- Insurance co-chair no nomination
- Public Information no nomination
- Telephones no nomination
- Entertainment no nomination
- Literature no nomination
- Co-chair Corrections

\*Please go back to your groups to let members know we are seeking these positions

### **NEW BUSINESS:**

Heather: Idea to bring back full flyers into the newsletter:

- short announcements miss much information
- groups are less likely to print and display the flyers at their groups
- when viewed from the web, any link on a flyer is "live" and can be clicked
- I do recognize that this will make the newsletter very long once again which can be a burden for groups to print them.

Nathaniel: Members of his group are in favour of bringing back flyers

Johnny: We switched last year to make it shorter, correct? (yes we did)

Melanie: made a motion to reinstate flyers in full in the newsletter - 2nd by Trudy

Lyndsay: She and Emily have discussed. Lyndsay feels we should table until March when Emily is back

MichaelH: agrees to bring flyers back and feels we do not need to wait a month

Rachael - wants to take back to group to discuss

Johnny - also want to bring back to group

Nathaniel: groups did find it cumbersome to print

Heather: feels this can wait a month so it can be taken back to groups

Alec: happy to see flyers back but also agrees to wait month to take back to groups Vote: 13 for – 8 against - 0 abstain

Minority voice heard and some wanted to change vote. Vote: 10 for – 12 against so motion defeated

Paul

- we desperately need help with the AA phone.
- Currently 1 person does daytime, 1 person does evening and no one does overnight.
- One of these people are leaving so soon will just be 1 person doing day and evening.
- go back to your groups to find support for the phone dire need

- if no ones steps up then we will have to go to outside source to answer phones
- low volume of calls so not a huge commitment (e.g. max 3 calls per day)
- phone HAS to be answered

Noelle: phone is important 1st contact. Suggests trying to make this position attractive so volunteers want to do it.

Regin: what are requirements? 2 years to be the phone chair, but nothing specific to answer the phone. Reign volunteered to help on the phones

Trudy: Phone committee has 2 co-chairs and both of these are vacant as well

Ashley: there is software that will send phone calls to personal cell phone and yet still be anonymous

Paul: we may need to go with an outside answering service

Alec: perhaps some help from the web site to auto-dial the number (click to call)

Paul: put a message up on the web to put out the call for help

### ANNOUNCEMENTS:

Trudy: CERASA - need help on Friday Feb 21 getting people at the airport and bring them to hotel

Ashley: DD group birthdays on Feb 24, there is a 2 yr, 3 yr, 7 yr and Lefty has 54 years.

### Next CS Meeting will take place Mar 4th, 2025 at 7 PM on Zoom

### Meeting ended with Responsibility Pledge

Appendix - Treasurer's reports

### UA bank statement:

Transactions From (	Dec 31, 2024 To Jan 31, 2025	Eree	Trial		Close	filter 🗙
Sho	W All statement items	Create⊻	From	Dec 31, 2024	To Jan 31, 2025	
				Reset	Filter	
Date	Description		10	Amount	Balance	
Jan 31, 2025	Maintenance Service Charge			-\$1.50	\$10,081.76	
Jan 21, 2025	e-Transfer - Credit Payer: WEST END STEP GROUP			\$100.00	\$10,083.26	
Jan 14, 2025	e-Transfer - Credit Payer: Foster Lohnes			\$25.00	\$9,983.26	
Jan 13, 2025	e-Transfer - Credit Payer: KEN LOGAN			\$25.00	\$9,958.26	
Jan 12, 2025	Online Bill Payment Virgin Plus (Client ID 14 Digit), Co	nfirmation 415474		-\$123.20	\$9,933.26	
Jan 08, 2025	e-Transfer - Debit Payee: Trudy Dunphy			-\$247.14	\$10,056.46	
Jan 07, 2025	e-Transfer - Credit Payer: NOELLE ETIENNE DUFFY			\$188.34	\$10,303.60	
Dec 31, 2024	Maintenance Service Charge	_ @	2 +	-\$3.00	\$10,115.26	

### Statement:

🔀 CS Stm	t-Jan 2025.xls	x	Open with 👻
A	В	с	D
January 1 202	5		
Opening Bank	Balance		\$10,115.26
Credits			
		Group Contributions	\$ 100.00
	2 @ \$25.00	Group Insurance payments	\$ 50.00
		Entertainment payback from NYE advance	\$ 188.34
	Total Credits		\$338.34
	Total		\$10,453.60
Debits			
		Virgin Plus Phones (January bill)	\$ 123.20
		Bank Service Charge	\$ 1.50
		Zoom renewal	\$247.14
	Total Debits		\$371.84
	Bank Total		\$10,081.76
Outstanding			
	-		
	Total Outstanding		
	Operating Bala	nce January 31, 2024	\$10,081.76
Prudent Rese	rve	Interest of \$0.72	\$3,395.89
Insurance Rea	serve	Interest of \$0.92	\$4,343.67
	Total		\$7,739.56
Total available	e funds		\$17,821.32

## Summary Budget to Actuals:

Central Service 2025 Bud	igeted to A	ctual								
Revenue										
			Jan		Feb	Mar	.Apr	Мау	June	July
Group Contributions	\$	536.10	\$	100.00						
2023 Carry-forward	\$	10,115.26								
7th Tradition	\$	-								
Insurance	\$	1,720.00								
Misc			\$	238.34						
Total Revenue	\$	12,371.36	\$	338.34						
Expenses										
Insurance	\$	2,019.00								
terature	\$	400.00								
elephone Annual	\$	1,900.00	\$	123.20						
Zoom Renewal	\$	242.36	\$	247.14						
P.O. Box Rental	\$	260.00								
Corrections Committee	\$	1,000.00								
CPC Committee	\$	900.00								
PI Committee	\$	850.00								
Newsletter Committee	\$	100.00								
Hospital Visitation										
Treatment Committee	\$	500.00								
Entertainment Committee	\$	2,000.00								
Telephone Committee	\$	150.00								
Webmaster	\$	250.00								
Chair	\$	200.00								
Co-Chair	\$	100.00								
Secretary	\$	300.00								
Treasurer	\$	300.00	-							
Christmas Social	\$	700.00								
Area 82			-							
GSO			-							
Miscellaneous	\$	200.00	\$	1.50						
Net Expenditures	\$	12,371.36	\$	371.84	\$-	\$ -	\$0.00	\$-	\$-	\$-

Variance		Total	-	-	Nov	Oct	Sep	Aug
(426.10)	\$	100.00	\$	+				
(436.10) (10,115.26)	₽ \$	-	\$	+				
(10,115.20)	₽ \$		\$	+				
(1,720.00)	₽ \$	-	\$	+				
238.34	₽ \$	238.34	\$	+				
	⊅ \$	338.34	\$	+				
(12,033.02)	Ð	330.34	\$					
(2,019.00)	\$	-	\$	$\vdash$				
(400.00)	\$	-	\$					
(1,776.80)	\$	123.20	\$					
4.78	\$	247.14	\$					
(260.00)	\$	-	\$					
(1,000.00)	\$	-	\$					
(900.00)	\$	-	\$					
(850.00)	\$	-	\$					
(100.00)	\$	-	\$					
-	\$	-	\$					
(500.00)	\$	-	\$					
(2,000.00)	\$	-	\$					
(150.00)	\$	-	\$					
(250.00)	\$	-	\$					
(200.00)	\$	-	\$					
(100.00)	\$	-	\$					
(300.00)	\$	-	\$					
(300.00)	\$		\$	1				
(700.00)	\$		\$	+				
- (700.00)	\$	-	\$	+				
	\$		\$	+				
(198.50)	\$	1.50	\$	+				
(11,999.52)	\$	371.84	0.00 \$		0.00	\$-	0.00	-